New Song Fellowship Church

Being and Making Disciples

Honor God With Your Bodies

Pastor Dean Murphy | November 29, 2026 | 1 Corinthians 6:19-20 | 1 Corinthians

"Honor God With Your Bodies"

1 Cor 7:1 Now for the matters you wrote about: "It is good for a man not to have sexual relations with a woman." 2 But since sexual immorality is occurring, each man should have sexual relations with his own wife, and each woman with her own husband.

1Co 6:19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies.

1 Cor 7:1 Now for the matters you wrote about:

1Co 5:9 I wrote to you in my letter not to associate with sexually immoral people--10 not at all meaning the people of this world who are immoral, or the greedy and swindlers, or idolaters. In that case you would have to leave this world. 11 But now I am writing to you that you must not associate with anyone who claims to be a brother or sister but is sexually immoral or greedy, an idolater or slanderer, a drunkard or swindler. Do not even eat with such people.

1 Cor 7:1 Now for the matters you wrote about: "It is good for a man not to have sexual relations with a woman."

1 Cor 7:2 But since sexual immorality is occurring, each man should have sexual relations with his own wife, and each woman with her own husband.
Each man/ woman should have sexual relations- our God given sexuality should be expressed ONLY in marriage, but it SHOULD be expressed.

1 Cor 7:3 The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. 4 The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife.

(NLT) Gen 2:24 This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. 25 Now the man and his wife were both naked, but they felt no shame.

(NLT) Eph 5:25 For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her...

Eph 5:28 In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

1 Cor 7:5 Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

1 Cor 7:6 I say this as a concession, not as a command. 7 I wish that all of you were as I am. But each of you has your own gift from God; one has this gift, another has that.

Eph 4:22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

Joh 3:16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. 17 For God did not send his Son into the world to condemn the world, but to save the world through him.

Weekly Reflection

Take a few moments this week to sit with these questions.

1. How am I honoring God with my body today--in my choices, my relationships, and my self-control?